



**PHYSICAL AND MENTAL STRESS JOB DESCRIPTION**

**VOLUNTEER EMERGENCY MEDICAL SERVICES RESPONDER (EMR)**

**A DESCRIPTION IS GIVEN BELOW OF THE PHYSICAL AND MENTAL STRESSES TO WHICH A VOLUNTEER FIREFIGHTER IS SUBJECTED TO AT CAL FIRE/COUNTY FIRE. YOUR JUDGMENT IS NEEDED AS TO THE APPLICANT’S CAPACITY TO PERFORM THE REQUIRED DUTIES. IN YOUR CONCLUSION, TAKE INTO ACCOUNT THE LONG-RANGE OUTLOOK FOR CONTINUED PERFORMANCE AND THE APPLICANT’S ABILITY TO SAFELY PERFORM THESE DUTIES WITHOUT SIGNIFICANT INCREASED RISK OF INJURY TO SELF OR OTHERS BECAUSE OF MEDICAL CONDITION.**

The Volunteer EMR is a member of a volunteer fire company and works under the general supervision of career Battalion Chiefs through the chain of command to provide response to emergency medical incidents and limited support functions to non-medical emergencies.

The EMR is assigned to either an urban or rural area and must have endurance to respond and perform a variety of duties including, but not limited to: prevention and education programs, fundraising activities, company administrative assignments, station maintenance, assistance with rehabilitation of firefighters at fire scenes, assistance with personnel accountability and traffic control at fire scenes. The EMR responds to medical aid calls and provides medical care including CPR.

The Volunteer EMR must have the ability to read and write English at a level for successful job performance; follow oral and written directions; write legibly; exercise good judgment in hazardous environments; analyze situations accurately and take effective action; work compatibly with others.

The individual must possess visual acuity (Snellen) of not less than 20/100 without correction in each eye corrected to not less than 20/30 in one eye; and color vision sufficient to correctly identify vehicle colors; hearing adequacy within speech frequency (uncorrected); normal use of both hands and both feet; physical strength and agility; weight in proportion to height.

Duties involve field work requiring physical performance calling for average ability requiring walking, twisting, bending, and lifting over 25 pounds; and the pace of work is typically set by the emergency situation.

**THE UNDERSIGNED CERTIFIES THAT HE/SHE HAS READ THE CAL FIRE/COUNTY FIRE PHYSICAL/MENTAL STRESS JOB DESCRIPTION FOR THE EMPLOYEE NAMED BELOW AND THAT IN HIS/HER JUDGMENT THE EMPLOYEE HAS THE CAPACITY TO PERFORM THE REQUIRED DUTIES, HAS TAKEN INTO ACCOUNT THE LONG-RANGE OUTLOOK FOR CONTINUED PERFORMANCE, AND THE EMPLOYEE IS ABLE TO SAFELY PERFORM THESE DUTIES WITHOUT SIGNIFICANT INCREASED RISK OF INJURY TO SELF OR OTHERS BECAUSE OF MEDICAL CONDITION.**

VOLUNTEER NAME (PRINT)	WORK UNIT
MEDICAL PROVIDER’S NAME (PRINT)	DATE
MEDICAL PROVIDER’S SIGNATURE	
ADDRESS (PRINT)	
TELEPHONE	